



# DEEP BLUE

BATH HOUSE & DAY SPA

WARRNAMBOOL



*Treatment  
Menu*

[www.thedeepblue.com.au](http://www.thedeepblue.com.au)



# The Geothermal Experience

We invite you to enter a deep sense of relaxation, healing and balance... the Deep Blue Bath House & Day Spa harmonizes the power of naturally occurring earthen minerals with organic high-performance spa rituals for enhanced physical and emotional being.

Discover the health restoring properties of the naturally therapeutic 'geothermal water':

Deep in the earth, below the Bath House is an ancient water source known as the Dilwyn Aquifer. The Dilwyn formation itself is roughly 50 million years old and is 'Early Eocene' in age. This unique water supply contains health restoring minerals, salts and heat.

The geothermal water facilitates therapeutic healing in many ways with benefits including reduced stress, improved sleep quality, purify the skin, lowers blood pressure, rehabilitates aching muscles, increased metabolism and more. The heat is naturally occurring with the water arriving at the bath house at a variable temperature ranging from 35 to 40 degrees

The Bath House comprises of an open geothermal mineral pool and 3 private bathing rooms suitable for couples, small groups or people who wish to bathe in complete privacy.

**The Bath House & Day Spa is open 7 days a week for your convenience.**

# Signature Spa Treatments

## > Together Time Package

Ideal for couples and pairs, this 3-hour spa journey aims to harmonize your physical and emotional wellbeing to leave you feeling deeply relaxed and nourished. Let all feelings of tension and stress melt away as you indulge in a private bathing experience, immersing yourselves in natural geothermal water rich in therapeutic minerals. Unwind with a sensory journey of essential oils before enjoying a deeply relaxing full body massage in our couples suite. Finally, retreat to the relaxation lounge where you will enjoy a delicious seasonal fruit and cheese platter.

**ALLOW 3 HOURS**

**Monday to Saturday**

**Sunday & Public Holidays**

**\$280 per couple**

**\$320 per couple**

## > De-Stress Ritual

A calming whole-body ritual designed to cleanse the outer surface of the body and soothe and rejuvenate your inner being. Your journey will commence with a gentle and invigorating dry brushing to stimulate your lymphatic system, increase circulation and remove dry skin and impurities. Unwind with a sensory journey of essential oils before enjoying a deeply relaxing full body massage customised to suit your needs. An organic facial with a soothing scalp massage concludes this journey leaving you feeling calm, rejuvenated and revitalised.

**ALLOW 2 HOURS**

**Monday to Saturday**

**Sunday and Public Holidays**

**\$200 per person**

**\$260 per person**

## > Botanical Rescue

An essential and effective treatment aimed at whole body relaxation and facial rejuvenation. Beginning with a sensory journey of essential oils, unwind with a deeply relaxing full body massage customised to suit your need's. Then an organic facial harnessing the balancing power of plant energies will leave you with firm and visibly radiant skin.

**ALLOW 1.5 HOURS**

**Monday to Saturday**

**Sunday & Public Holidays**

**\$150 per person**

**\$190 per person**

## > Detox Sauna & Body Cocoon

Hydrating and re-energising, this ritual will cleanse the body from harmful toxins and revive radiant, silky-soft skin. Your journey commences with a detox program in our infrared wellness sauna. Increasing the body's core temperature, the program reaches toxins at a cellular level. Then, a gentle body exfoliation using a silky body scrub, comprising of natural jojoba beads, rosemary and sage, will gently polish away superficial impurities. Your whole body will be wrapped in our warm and aromatic Moor Mud, rich in natural vitamins, minerals and enzymes. This heavenly treatment is completed with a nourishing oil hydration, leaving your body glowing and mind re-energised.

**ALLOW 2 HOURS**

**Monday to Saturday**

**Sunday & Public Holidays**

**\$150 per person**

**\$180 per person**

## > Body Cocoon

A nurturing body ritual that will uplift and re-energise. Beginning with an invigorating silky body scrub of jojoba beads, rosemary and sage polish away dry, rough skin. Warm ancient Moor Mud rich in natural vitamins, minerals and enzymes envelope your body promoting detoxification and relieving sore muscles and fatigue. While the healing black magma works its magic, enjoy a soothing scalp massage followed by full body oil hydration.

**ALLOW 1 HOUR**

**Monday to Saturday**

**Sunday & Public Holidays**

**\$130 per person**

**\$160 per person**

## > Complete Body Indulgence

A whole-body experience for full hydration. Let the natural artisan water melt away all feelings of tension and stress as you immerse yourself in a private geothermal mineral bath. An invigorating silky body scrub of jojoba beads will polish away all impurities and dry skin. Warm ancient Moor Mud rich in natural vitamins, minerals and enzymes envelope your body for the ultimate detoxification, while the healing Black Magma works its magic. A customised organic facial followed by full body oil hydration will leave your body glowing and mind re-energised.

**ALLOW 2 HOURS, 15 MINUTES**

**Monday to Saturday**

**Sunday and Public Holidays**

**\$200 per person**

**\$230 per person**

## > Breakfast & Bathe

Bringing together essential elements to restore and replenish your physical and emotional wellbeing, this combination allows you replenish with a nourishing full buffet breakfast before you embrace the health restoring geothermal mineral waters. Breakfast at the Deep Blue Dining & Bar from 7am – 10am. Bathing at the public geothermal mineral pool at the Bath House from 8am.

*\* pre-booking is not required.*

**ALLOW 2 HOURS**

**Monday to Friday**

**Weekends & Public Holidays**

**\$30 per person**

**\$35 per person**



# Massage

Unwind with a sensory journey of aromatherapy oils, followed by a deeply therapeutic massage customised to suit your body's needs. Using long flowing and soothing strokes the massage will de-stress your entire being and bring your body back into harmony.

## **30 MINUTE RELAXATION MASSAGE**

**Monday to Saturday**

**\$75 per person**

**Sunday & Public Holiday**

**\$105 per person**

## **45 MINUTE RELAXATION MASSAGE**

**Monday to Saturday**

**\$85 per person**

**Sunday & Public Holiday**

**\$115 per person**

## **60 MINUTE FULL BODY RELAXATION MASSAGE**

**Monday to Saturday**

**\$95 per person**

**Sunday & Public Holiday**

**\$125 per person**

### **> Hot Stone Massage**

This truly warming massage will help to ease muscle tension and leave you in a deep state of relaxation. Your ritual begins with the placement of hot basalt stones on targeted areas of the back. Infusing heat into the muscle before using the stones in a rhythmic flowing motion allows tension to drift away.

## **60 MINUTES**

**Monday to Saturday**

**\$100 per person**

**Sunday & Public Holiday**

**\$140 per person**

## **90 MINUTES**

**Monday to Saturday**

**\$140 per person**

**Sunday & Public Holiday**

**\$160 per person**

### **> Pregnancy Massage** \* 12 weeks and onwards.

A nurturing massage designed to relieve and relax mothers-to-be, supported with a specialised belly pillow for your comfort.

## **30 MINUTES**

**Monday to Saturday**

**\$75 per person**

**Sunday & Public Holiday**

**\$100 per person**

## **45 MINUTES**

**Monday to Saturday**

**\$85 per person**

**Sunday & Public Holiday**

**\$115 per person**

## **60 MINUTES**

**Monday to Saturday**

**\$95 per person**

**Sunday & Public Holiday**

**\$130 per person**



# Facials

## > Refining Detox Facial

A purifying and refining skin treatment that leaves skin supple and smooth. This clinical facial begins with a thorough cleanse before an enzyme exfoliant is activated under steam to soften congestion and oil accumulation. After extractions (*optional*) a customised mask is applied. Soothing scalp and décolletage massage enhance this truly detoxifying facial.

**ALLOW 45 MINUTES**  
Monday to Saturday  
Sundays & Public Holidays

**\$120 per person**  
**\$140 per person**

## > Deep Rejuvenating Facial

A deluxe facial customised for your specific concerns with an emphasis on 'true health' for your skin. This therapy will visibly enhance your skin's texture and maximise hydration. With a refreshing lift off mask leaving your skin calm and nourished with a radiant glow and even tone, complete with a décolletage and scalp massage.

**ALLOW 60 MINUTES**  
Monday to Saturday  
Sunday & Public Holidays

**\$130 per person**  
**\$150 per person**

## > Micro Retinol Facial

Daily stress, environmental factors, toxins and fatigue quickly diminish skin's radiance and encourage the aging process. Featuring an unsurpassed formula, the Micro-Retinol facial combines deep cleansing, potent yet gentle peel and Micro-Retinol treatment to recapture smoother, firmer, brighter and younger-looking skin instantly.

**ALLOW 60 MINUTES**  
Monday to Saturday  
Sunday & Public Holiday

**\$140 per person**  
**\$160 per person**

# Add on Treatments

## > Eye Mask Treatment

Improve the texture of skin around the delicate eye area with ingredients that stimulate collagen production, helping to plump out fine lines and wrinkles while calming actives reduce redness and puffiness. Leaves your eyes looking brighter, smoother and more luminescent. *\* accompanying facials only*

**Monday to Sunday**

**\$30 per person**

## > Organic Hand Ritual

Deluxe hand ritual incorporating a scrub and anti-ageing mask applied to the hands to smooth and nourish. A beautiful hand massage restores circulation and leaves the skin with a healthy glow.

**ALLOW 15 MINUTES**

**Monday to Saturday**

**\$35**

**Sunday & Public Holiday's**

**\$70**

## > Organic Foot Ritual

Beginning with a cleanse and exfoliation before a soothing massage to release tensions. Your feet will feel refreshed while your skin is balanced and refined.

**ALLOW 15 MINUTES**

**Monday to Saturday**

**\$35**

**Sunday & Public Holidays**

**\$70**

## > Spray Tan

Complementing all skin tones, MultiBase® colour technology combines all spray tan colour bases of violet, green, red and blue in one multi tasking solution. This exclusive colour blend works by counterbalancing all undertones of the skin.

**Monday to Saturday**

**\$25**

**Sunday & Public Holidays**

**\$35**

## > Fruit and Cheese Platter

Complete your spa journey with a delicious seasonal platter of fresh fruits and cheeses to be enjoyed at the relaxation lounge.

**\$20 per person**

# Spa Etiquette

## GIFT CERTIFICATES

We are happy to arrange a Gift Certificate for any spa treatment, services or spa products for any occasion. You may create your own personalised gift or choose a treatment from our spa menu.

## RESERVATIONS

Pre-booking your treatment is essential so we can best accommodate your needs. Please check in at spa reception at least 15 minutes before your scheduled appointment. Please understand that if you arrive late, your treatment time will be reduced accordingly.

## CANCELLATION & RE-SCHEDULING

If you need to change or cancel your appointment, please let us know 24 hours prior to your treatment, otherwise a cancellation fee of 50% of the treatment value will apply. 48 hours for conference, group and package bookings. All treatments are non-refundable, non-transferable and non-exchangeable.

## PLEASE NOTE

Advance bookings of at least 2 hours is essential for the private geothermal bathing rooms and towels are supplied. Towel hire is available for the open Geothermal pool for a \$5 non-refundable fee. Due to the high level of iron in the water, we do advise that you wear dark coloured swimwear while bathing.

## OPEN HOURS

### Day Spa Treatments

Mon – Fri: 8am – 8pm

Sat: 8am – 6pm

Sun: Open by appointment only

### Geothermal Bath House

Mon – Fri: 8am – 8pm

Sat & Sun: 8am – 6pm

Public Holidays: 8am – 4pm

*Opening hours, prices and treatments contained within this booklet are subject to change with no notice at management discretion.*

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[www.thedeepblue.com.au/day-spa](http://www.thedeepblue.com.au/day-spa)  
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