



# DEEP BLUE

BATH HOUSE & DAY SPA

WARRNAMBOOL



[www.thedeepblue.com.au](http://www.thedeepblue.com.au)



# The Bath House Experience

We invite you to enter a deep sense of relaxation, healing and balance... the Deep Blue Bath House & Day Spa harmonises the power of naturally occurring earthen minerals with organic high-performance spa rituals for enhanced physical and emotional being.

Discover the health restoring properties of the naturally therapeutic geothermal water. Deep in the earth, below the Bath House is an ancient water source known as the Dilwyn Aquifer. The Dilwyn formation itself is roughly 50 million years old and is Early Eocene in age. This unique water supply contains health restoring minerals and heat.

The geothermal water facilitates therapeutic healing in many ways with benefits including reduced stress, improved sleep quality, skin purification, lowered blood pressure, soothes aching muscles, increased metabolism and more. The heat is naturally occurring with the water arriving at the Bath House at a variable temperature ranging from 35 to 40 degrees.

The Bath House comprises of an open geothermal mineral pool and 4 private bathing rooms suitable for couples, small groups or people who wish to bathe in complete privacy.

**The Bath House & Day Spa is open 7 days a week for your convenience.**

## INDOOR GEOTHERMAL MINERAL POOL

**60 minutes** M – F \$25pp / SAT, SUN & PH\* \$35pp

## PRIVATE BATHING ROOMS

**30 minutes** M – F \$40pp + \$20 per additional person

SAT, SUN & PH\* \$50pp + \$25 per additional person

**60 minutes** M – F \$70 pp + \$35 per additional person

SAT, SUN & PH\* \$80 pp + \$40 per additional person

## INFRARED SAUNA M–F \$25 / SAT \$35

*Seniors Card and Veterans Card holders are eligible for 10% off geothermal bathing.*

*\*Public Holidays*

# Spa Journeys

## SEA HOLISTIC WELLNESS RITUAL

**90 minutes** M–F \$229pp / SAT \$239pp

**2.5 hours** with a soothing private geothermal bathing experience M–F \$289pp / SAT \$299pp

Through soft effleurage strokes, this massage eliminates areas of tension one by one using the gentle heat of warmed linen bundles. A sea salt crystal exfoliating scrub restores skin's natural softness. Gradually, your mind surrenders to an overall sense of well-being and long-lasting replenishment. An ultra-relaxing treatment with its gentle warmth and aromatic scent of lavender flowers. Completing this journey with a botanical express facial to bring a sense of overall wellbeing.

## DEEP BLUE SIGNATURE FACIAL

**90 minutes** M–F \$239pp / SAT \$249pp

**2.5 hours** with a soothing private geothermal bathing experience M–F \$299pp / SAT \$309pp

The ultimate journey of relaxation. Begin with a soothing back, neck and shoulder massage to sooth stress and tension. A bubbling seaweed and algae mud pack is then placed along the spine to deliver vital minerals and relieve stress. This is followed by our De-Stress Aromatherapy Facial customised to your skins needs with an enzyme exfoliation and scalp massage then a customised skin food booster serum and revitalising mask. During the mask your legs, feet and arms will be massaged for the ultimate spa experience.

## HYDRA-SEA INDULGENCE

**75 minutes** M–F \$199pp / SAT \$209pp

**2.25 hours** with a soothing private geothermal bathing experience M–F \$269pp / SAT \$279pp

Enjoy a full body exfoliation, followed by a cocoon of highly therapeutic seaweed mud to contour, firm, and hydrate while releasing environmental toxins and stress from the body. While you're wrapped enjoy a botanical facial, including cleansing, gentle exfoliation, and the ideal mask best suited for your skin type. This journey will conclude with a soothing full body hydration.

## WARMING HARMONY

**90 minutes** M–F \$239pp / SAT \$249pp

**2.5 hours** with a soothing private geothermal bathing experience M–F \$299pp / SAT \$309pp

This truly warming journey begins with a heavenly back treatment. Stimulating dry brushing, aromatic mud and hot stone placement to soothe sore tired muscles. While the mud works its magic, a relaxation massage of the legs and back will begin relieving fatigue and stress. Completing this journey with a heavenly scalp and aromatherapy facial massage.

A woman is lying on her back, receiving a massage. Two hands are visible, holding small, tied linen bundles that are being used to massage her back. The background is softly blurred with warm, bokeh lights.

# Massage

## SEA HOLISTIC MASSAGE

**75 minutes** M-F \$179pp / SAT \$189

Through flowing effleurage strokes, this massage eliminates areas of tension one by one using the gentle heat of warmed linen bundles. A sea salt crystal exfoliating scrub restores skin's natural softness. Gradually, your mind surrenders to an overall sense of well-being and long-lasting replenishment. An ultra-relaxing treatment with its gentle warmth and aromatic scent of lavender flowers.

## WARMING BLISS

**60 minutes** M-F \$169 / SAT \$179

This truly warming journey begins with a heavenly back treatment. Stimulating dry brushing, aromatic mud and hot placement stones to soothe sore tired muscles. While the mud works its magic, a relaxation massage of the legs and back will begin relieving fatigue and stress.

## RELAXATION MASSAGE

**60 minutes** M-F \$140pp / SAT \$150pp

**45 minutes** M-F \$130pp / SAT \$140pp

**30 minutes** M-F \$120pp / SAT \$130pp

Unwind with a deeply relaxing massage customised to suit your body's needs. Using long flowing and soothing strokes the massage will de-stress your entire being and bring your body back into harmony.

*Enhance your relaxation massage...*

**Stress Elimination** – Add \$35

The ultimate aromatic nourishing massage emulsion with safflower, geranium and orange oil blend.

**Oligomer** – Add \$35

Deeply relaxing and re-energising, this bi-phase emulsion has 105 trace elements direct from the seas of Brittany France. This treatment nourishes, softens and visibly restructures the skin for ultimate renewal.

**Marine Magnesium** – Add \$25

For immediate relief from stiff, aching muscles and sore joints.

## HOT STONE

**60 minutes** M-F \$170 / SAT \$180

**90 minutes** M-F \$210 / SAT \$225

This truly warming massage will help to ease muscle tension and leave you in a deep state of relaxation. Your ritual begins with the placement of hot basalt stones on targeted areas of the back, infusing heat into the muscle. Then using the stones in a rhythmic flowing motion allows tension to drift away.

## PREGNANCY MASSAGE

**60 minutes** M-F \$140pp / SAT \$150pp

**45 minutes** M-F \$130pp / SAT \$140pp

**30 minutes** M-F \$120pp / SAT \$130pp

A nurturing massage designed to relieve and relax mothers-to-be, supported with a specialised belly pillow for your comfort.

# Body Rituals

## ZESTY SEAWEED SCRUB

**45 minutes** M-F \$149pp / SAT \$159pp

This luxurious seaweed body exfoliation removes impurities, smooths skin texture, and stimulates circulation. Using only the finest and most mineral rich seaweeds in the world, your skin will be beautifully rejuvenated, hydrated, and soft.

## HYDRA-SEAWEED WRAP

**60 minutes** M-F \$179pp / SAT \$189pp

Rich in micronized seaweed, the stimulating, detoxifying wrap releases your entire body of environmental pollutants, toxins, fluid and stress. This exceptional seaweed wrap contains the finest French seaweed, will immediately works to contour, firm, hydrate, and demineralise environmentally damaged skin.

## CACTUS & AGAVE ECO-WRAP

**60 minutes** M-F \$169pp / SAT \$179pp

An exquisite blend of cactus and blue agave extracts combined with prickly pear and beta-carotene to revitalise your body, mind, and spirit. After a luxurious dry brushing technique, this deeply healing treatment delivers extraordinary anti-inflammatory and repairing benefits as it vanquishes rough patches and dryness. While you are cocooned enjoy a soothing scalp massage, finishing with full body hydration.

## THERAPEUTIC MOOR MUD WRAP

**60 minutes** M-F \$179pp / SAT \$189pp

Beginning with an invigorating silky body scrub of jojoba beads, rosemary and sage to polish away dry, rough skin. Warm ancient Moor Mud rich in natural vitamins, minerals and enzymes envelope your body promoting detoxification relieving sore muscles and fatigue. While the healing black magma works its magic, enjoy a soothing scalp massage followed by full body oil hydration.



# Facials

## DEEP REJUVENATING FACIAL

**60 Minutes** M–F \$179pp / SAT \$189pp

A luxurious, results-driven treatment tailored to your unique skin, precisely formulated with the most potent natural ingredients the Ocean and Earth have to offer. Our High-Performance, yet non-invasive facial uses advanced technology with a refreshing lift off mask leaving your skin calm and nourished with a radiant glow. Complete with décolletage and scalp massage.

## HYDRA-CLOUD FACIAL

**60 Minutes** M–F \$189pp / SAT \$199pp

This Hydra-Cloud Mask Treatment combines hyaluronic acid and micronized cotton to deeply hydrate and tighten the skin while reducing the appearance of fine lines and wrinkles. This anti-aging treatment helps to create plumper, firmer, more resilient and more supple skin through the use of a highly fragmented hyaluronic acid.

## MENS DEEP CLEANSING FACIAL

**45 minutes** M–F \$159pp / SAT \$169pp

This treatment specifically targets men's concerns such as skin sensitivity, and razor burn while promoting total relaxation. Includes deep cleansing with a soothing propolis ampoule for deep repair. As a final step, a treatment mask is applied to refine the pores, soothe, and condition the skin.

## DE-STRESS AROMATHERAPY FACIAL

**45 minutes** M–F \$149pp / SAT \$159pp

A delightful aromatic blend of pure essential oils makes this facial unforgettable. This experience includes cleansing, gentle exfoliation, an de stress aromatic massage, and the ideal mask best suited for your skin type. A truly relaxing and custom facial treatment.

*Let us customise your De-Stress Aromatherapy Facial* with an ampoule food booster for deeper and longer lasting results targeted to your individual concerns. Discuss your concerns with your therapist and they will choose from the following food boosters – Add \$44

- **Soothing Propolis** – Propolis, a natural antibiotic for the skin is known for its calming, healing and antibacterial benefits. Ideal for any skin with sensitive or capillary damage, men and acneic skin.
- **Rejuvenating Vitaminic** – Rich in vitamins A, E and D, this revitalising brightening and nourishing ampoule is perfect to restore that youthful glow and fight free radical damage especially during the winter season.
- **Collagen & Caviar** – For ultimate anti-ageing, plumping, intense hydration and a more youthful skin.

## Enhancers

**Self Heating Mud Pack** – Add \$44pp

Warming Seaweed/Algae mud is placed along the spine at the beginning of a facial or massage treatment. It delivers vital “Feel Good” minerals of magnesium and relieves stress and tension in the muscles. A hyperactive natural formula with unprecedented detoxifying and energising properties thanks to its oxido-reductive action.

**Ginkgo De-Stress Eye Treatment** – Add \$40pp

Counteract puffiness and dark circles with an instant-release collagen bio matrix infused with ginkgo biloba. This natural fibre mask treatment increases periorbital circulation, soothes, cools, and decongests the fragile eye contour while visibly reducing puffiness and dark circles. Eyes are rendered visibly rejuvenated.

**Organic Hand Ritual**

**15 minutes** M–F \$39pp / SAT \$49pp

A scrub and anti-aging mask is applied to the hands to smooth and nourish. A relaxing hand massage restores circulation and leaves the skin with a healthy glow.

**Organic Foot Ritual**

**15 minutes** M–F \$39pp / SAT \$49pp

Beginning with a cleanse and exfoliation before a soothing massage to release tension. Your feet will feel refreshed while your skin is balanced and refined.

**Quandong Hair Mask**

**15 minutes** M–F \$38pp / SAT \$48pp

A conditioning mask of native quandong to improve hair lustre, relieve scalp dryness and nourish parched hair.

**Fruit Platter** – Add \$20pp

## Make it a Couple's Journey

All treatments can be customised for couples and pairs. Ask us for pricing and options.

# pevonia®

We use Pevonia products because we believe in delivering superior results and radiant skin to every skin type. Pevonia's most powerful ingredients come from the safest source...nature. Using highly sustainable processes is in line with the company's stance on environmental conservation. Pevonia has been the leader in the cruelty-free skin care movement since its inception 20 years ago.

- Cruelty-Free – Organic Extracts – Paraben-Free – Alcohol-Free**
- Lanolin-Free – Mineral Oil-Free – No Artificial Colours**
- No Artificial Fragrance – No Sodium Lauryl Sulphate**



PARABEN FREE

ALCOHOL FREE

LANOLIN FREE

MINERAL OIL FREE

FRAGRANCE FREE

DYE FREE

## GIFT VOUCHERS

Contact us to arrange a Gift Voucher.

## RESERVATIONS

Pre-booking your treatment is essential so we can best accommodate your needs. Please check in at spa reception at least 15 minutes before your scheduled appointment. Please understand that if you arrive late, your treatment time will be reduced accordingly.

## CANCELLATION & RE-SCHEDULING

If you need to change or cancel your appointment, please let us know 24 hours prior to your treatment, otherwise a cancellation fee of 50% of the treatment value will apply. All treatments are non-refundable, non-transferable and non-exchangeable.

## PLEASE NOTE

Pre-booking is required for all treatments, private bathing and sauna. Towels are supplied. Towel hire is available for the Open Geothermal Pool for a \$5 non-refundable fee. Due to the high level of iron in the water, we do advise that you wear dark coloured swimwear while bathing.

*Prices and treatments contained within this booklet are subject to change with no notice at management discretion.*

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