



DEEP BLUE

BATH HOUSE & DAY SPA

WARRNAMBOOL



www.thedeepblue.com.au



The Bath House Experience

We invite you to enter a deep sense of relaxation, healing and balance... the Deep Blue Bath House & Day Spa harmonises the power of naturally occurring earthen minerals with organic high-performance spa rituals for enhanced physical and emotional being.

Discover the health restoring properties of the naturally therapeutic geothermal water. Deep in the earth, below the Bath House is an ancient water source known as the Dilwyn Aquifer. The Dilwyn formation itself is roughly 50 million years old and is Early Eocene in age. This unique water supply contains health restoring minerals and heat.

The geothermal water facilitates therapeutic healing in many ways with benefits including reduced stress, improved sleep quality, skin purification, lowered blood pressure, soothes aching muscles, increased metabolism and more. The heat is naturally occurring with the water arriving at the Bath House at a variable temperature ranging from 35 to 40 degrees.

The Bath House comprises of an open geothermal mineral pool and 4 private bathing rooms suitable for couples, small groups or people who wish to bathe in complete privacy.

The Bath House & Day Spa is open 7 days a week for your convenience.

INDOOR GEOTHERMAL MINERAL POOL

60 minutes M – F \$25pp / SAT, SUN & PH* \$35pp

**Public Holidays*

PRIVATE BATHING ROOMS *Up to 4 persons*

30 minutes M – F \$75 / SAT & SUN \$100pp

60 minutes M – F \$100 / SAT & SUN \$125 pp

** Please inquire about options for more or less persons*

INFRARED SAUNA M–F \$25 / SAT \$35

Seniors Card and Veterans Card holders are eligible for 10% off geothermal bathing.

Spa Journeys

SEA HOLISTIC WELLNESS RITUAL

90 minutes M–F \$239pp / SAT \$249pp

Through soft effleurage strokes, this ritual eliminates areas of tension one by one using the gentle heat of warmed linen bundles. A sea salt crystal exfoliating scrub restores skin's natural softness. Gradually, your mind surrenders to an overall sense of well-being and long-lasting replenishment. An ultra-relaxing treatment with its gentle warmth and aromatic scent of lavender flowers. Completing this journey with a soothing scalp massage and hair mask to bring a sense of complete wellbeing.

- > Full Body Scrub
- > Sea Holistic Linen Bundle Ritual
- > Organic Scalp Mask + Massage

DEEP BLUE SIGNATURE FACIAL

90 minutes M–F \$239pp / SAT \$249pp

The ultimate journey of relaxation. Begin with a soothing back, neck and shoulder massage to sooth stress and tension. A bubbling seaweed and algae mud pack is then placed along the spine to deliver vital minerals and relieve stress. This is then followed by an Aromatherapy Facial customised to your skins needs with an enzyme exfoliation and scalp massage followed by a customised skin food booster serum and revitalising mask. During the mask your legs, feet and arms will be massaged for the ultimate spa experience.

- > Back, Neck + Shoulder Massage
- > Seaweed Bubble Mud Pack
- > Aromatherapy Facial with Ampoule Upgrade

HYDRA-SEA INDULGENCE

75 minutes M–F \$199pp / SAT \$209pp

Enjoy a full body exfoliation, followed by a cocoon of highly therapeutic seaweed mud to contour, firm, and hydrate while releasing environmental toxins and stress from the body. While you are wrapped enjoy a botanical facial, including cleansing, gentle exfoliation, and the ideal mask best suited for your skin type. This journey will conclude with a soothing full body hydration.

- > Hydra-Seaweed Wrap
- > Express Facial

WARMING HARMONY

90 minutes M–F \$239pp / SAT \$249pp

This truly warming journey begins with a heavenly back treatment. Stimulating dry brushing, warm mud and hot placement stones to soothe sore tired muscles. While the mud works its magic, a relaxation massage of the legs and back will begin relieving fatigue and stress. Completing this journey with a heavenly scalp and aromatherapy facial massage.

- > Hot Stone Mud Pack (*Dry Brushing, Warm Mud, Hot Placement Stones*)
- > Scalp Massage
- > Aromatherapy Facial Massage
- > Full Back of Body Relaxation Massage



Massage

VITA BODY REPAIR

90 minutes M-F \$239pp / SAT \$249pp

Stimulating dry body brushing will exfoliate dry, rough skin from the body and stimulate lymphatic flow. Your entire being is nestled in a delightful body wrap, which is warmly applied to stimulate your skins metabolism, boosting collagen and hydration. While you are cocooned, enjoy a soothing scalp massage, followed by an eco-mud relaxation massage as you are transported to a state of divine relaxation.

- > Dry Body Brushing
- > Crepe-No-More Eco-Mud Wrap
- > Scalp Massage
- > Eco-Mud Relaxation Massage + Hydration

WARMING BLISS

60 minutes M-F \$169pp / SAT \$179pp

This truly warming journey begins with a heavenly back treatment. Stimulating dry brushing, aromatic mud and hot placement stones to soothe sore tired muscles. While the mud works its magic, a relaxation massage of the legs and back will begin relieving fatigue and stress.

- > Hot Stone Mud Pack (*Dry Brushing, Warm Mud, Hot Placement Stones*)
- > Back of Body Massage

RELAXATION MESSAGE

60 minutes M-F \$149pp / SAT \$159pp

45 minutes M-F \$135pp / SAT \$145pp

30 minutes M-F \$120pp / SAT \$130pp

Unwind with a deeply relaxing massage customised to suit your body's needs. Using long flowing and soothing strokes the massage will de-stress your entire being and bring your body back into harmony.

SIGNATURE SCALP RITUAL

45 minutes M-F \$135pp / SAT \$145pp

This truly calming treatment allows relief of mental fatigue and calming of thoughts. A relaxation massage to neck, shoulders and décolletage will help ease stored tension, before a warming mask of Australian fragonia and bergamot provides deep conditioning to the hair and scalp, inviting rest for the mind.

- > Hair mask

PREGNANCY MASSAGE

60 minutes M-F \$149pp / SAT \$159pp

45 minutes M-F \$135pp / SAT \$145pp

30 minutes M-F \$120pp / SAT \$130pp

A nurturing massage designed to relieve and relax mothers-to-be, supported with a specialised belly pillow for your comfort.

HOT STONE

60 minutes M-F \$170pp / SAT \$180pp

90 minutes M-F \$210pp / SAT \$220pp

This truly warming massage will help to ease muscle tension and leave you in a deep state of relaxation. Your ritual begins with the placement of hot basalt stones on targeted areas of the back. Infusing heat into the muscle before using the stones in a rhythmic flowing motion allows tension to drift away.

Body Rituals

ZESTY SEAWEED SCRUB

45 minutes M-F \$149pp / SAT \$159pp

This luxurious seaweed body exfoliation remove impurities, smooths rough skin texture, stimulate circulation, and demineralises. Using only the finest and most mineral rich seaweeds in the world, your skin will unveil beautifully rejuvenated, hydrated, and soft.

- > Full Body Scrub
- > Full Body Hydration

CHOCOLATE INDULGENCE SCRUB

45 minutes M-F \$149pp / SAT \$159pp

Lusciously foaming, this beautifully aromatic and deeply cleansing chocolate body scrub delivers a sensorial exfoliation experience. It blends nutrient-rich cacao extract and energising sea salt with a moisturising caramel drizzle, leaving skin smoothed, refined, glowing and perfectly protected.

- > Full Body Scrub
- > Full Body Hydration

HYDRA-SEAWEED WRAP

60 minutes M-F \$179pp / SAT \$189pp

Rich in micronised seaweed, the stimulating, detoxifying wrap releases your entire body of environmental pollutants, toxins, fluid and stress. This exceptional seaweed wrap contains the finest French seaweed, will immediately works to contour, firm, hydrate, and demineralise environmentally damaged skin.

- > Full Body Scrub
- > Scalp Massage
- > Full Body Mud Wrap
- > Full Body Hydration

CREPE-NO-MORE ECO WRAP

60 minutes M-F \$169pp / SAT \$179pp

Experience the latest in body de-aging with this antioxidant-rich body wrap. After a luxurious dry-brushing technique, the wrap's lusciously crafted blend of longan super fruit and potent skin de-agers like collagen, hyaluronic acid, and shea butter works to radically counteract skin crepiness and uneven texture while awakening your cells' metabolism.

- > Full Body Dry Brushing
- > Scalp Massage
- > Full Body Mud Wrap
- > Full Body Hydration



Facials

DEEP REJUVENATING FACIAL

60 Minutes M–F \$195pp / SAT \$205pp

A luxurious, results-driven treatment tailored to your unique skin, precisely formulated with the most potent natural ingredients the Ocean and Earth have to offer. Our high-performance, yet non-invasive facial uses advanced technology with a refreshing lift off mask leaving your skin calm and nourished with a radiant glow. Complete with a décolletage and scalp massage

HYDRA-CLOUD FACIAL

60 Minutes M–F \$195pp / SAT \$205pp

Hydra-Cloud Mask Treatment combines hyaluronic acid and micronized cotton to deeply hydrate and tighten the skin while reducing the appearance of fine lines and wrinkles. This treatment helps to create plumper, firmer, more resilient and more supple skin through the use of a highly fragmented hyaluronic acid.

DE-STRESS AROMATHERAPY FACIAL

45 minutes M–F \$149pp / SAT \$159pp

A delightful aromatic blend of pure essential oils makes this facial unforgettable. This experience includes cleansing, gentle exfoliation, a de-stress aromatic massage, and the ideal mask best suited for your skin type. A truly relaxing and custom facial treatment.

GENTLEMAN'S FACIAL

45 minutes M–F \$159pp / SAT \$169pp

This treatment specifically targets men's concerns such as skin sensitivity, and razor burn while promoting total relaxation. Includes deep cleansing with a soothing propolis ampoule for deep repair. As a final step, a treatment mask is applied to refine the pores, soothe, and condition the skin.

Enhancers

Self Heating Mud Pack

No added time \$44

A bubbling Seaweed/Algae mud placed along the spine at the beginning of a facial or massage treatment. It delivers vital "Feel Good" minerals of magnesium and relieves stress and tension in the muscles. A hyperactive natural formula with unprecedented detoxifying and energizing properties thanks to its oxido-reductive action which warms up the complete back.

Ginkgo De-Stress Eye Treatment

No added time \$40

Counteract puffiness and dark circles with an instant-release collagen bio matrix infused with ginkgo biloba. This natural fibre mask treatment increases periorbital circulation, soothes, cools, and decongests the fragile eye contour while visibly reducing puffiness and dark circles. Eyes are rendered visibly rejuvenated.

Extenders

Scalp Cocoon

15 minutes M–F \$39pp / SAT \$49pp

This warming mask provides deep conditioning and invites rest for the mind and washes away your cares. Australian Fragonia & Bergamot is renowned for relieving stress and assisting with conditions such as psoriasis, dry, itchy scalp.

Organic Hand Ritual

15 minutes M–F \$39pp / SAT \$49pp

A scrub and anti-aging mask is applied to the hands to smooth and nourish. A relaxing hand massage restores circulation and leaves the skin with a healthy glow.

Organic Foot Ritual

15 minutes M–F \$39pp / SAT \$49pp

Beginning with a cleanse and exfoliation before a soothing massage to release tension. Your feet will feel refreshed while your skin is balanced and refined.

Fruit Platter for Two – \$40

Make it a Couple's Journey

All treatments can be customised for couples and pairs. Ask us for pricing and options.

