

SAUNA & SALT PACKAGE

1.5 HOUR PACKAGE

MONDAY - SUNDAY \$50PP

Experience the ultimate detoxification and respiratory cleansing with our exclusive Sauna & Salt Package. This package combines the advanced benefits of our 3-in-1 Infrared Wellness Sauna and the natural healing power of Salt Therapy. Immerse yourself in a rejuvenating 90-minute session designed to cleanse your body and revitalize your mind.

INCLUDES

- **45-Minute Infrared Wellness Sauna Session** Our state-of-the-art sauna uses near, mid, and far infrared wavelengths to penetrate the body deeply, promoting detoxification, pain relief, improved circulation, and enhanced skin health.
- **45-Minute Salt Therapy Session**
- Experience the natural benefits of salt therapy in our specially designed salt room. The micronized salt particles help to clear the respiratory system, improve lung function, and alleviate symptoms of allergies and asthma.

ADD ONS

Enhance your experience with a delicious fruit and cheese platter for just \$50 per person.

BOOK NOW

PH: 03 5559 2050

1 Worm Bay Road, Warrnambool



DEEP BLUE
HOTEL & HOT SPRINGS
WARRNAMBOOL

